

9-23-2011

# The Good 5 Cent Cigar (9/23/2011)

University of Rhode Island

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# The Good 5¢ Cigar

THE UNIVERSITY OF RHODE ISLAND STUDENT NEWSPAPER SINCE 1971

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Issue 10

'Just what this country needs'  
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Friday  
September 23, 2011

## Author teaches students how to live sustainable life

BY JACQUELYN MOOREHEAD  
News Reporter

Not using toilet paper or electricity for a year is not a lifestyle most people are accustomed to. However, author of "No Impact Man" Colin Beavan did just that, arguing that making small changes in one's life is all that it takes to create a more sustainable world.

Beavan presented yesterday at Edwards Hall, and discussed "No Impact Man," which was the freshman's class common reading book this year. As a historical non-fiction novel that intends to open the minds of students about topics and ideas dealing with sustainability.

Beavan, the New York City native, took notice of the practical issues of global warming and environmental sustainability expressed through media today, and wanted to make a change. So, he, his wife, two year old daughter, and dog went on a journey of living a year without leaving a carbon foot-

print.

Though the drastic lifestyle change may have been troubling at first, he said it opened his eyes to issues pertinent to humanity.

For example, he noted to the audience that many people around the world do not use toilet paper.

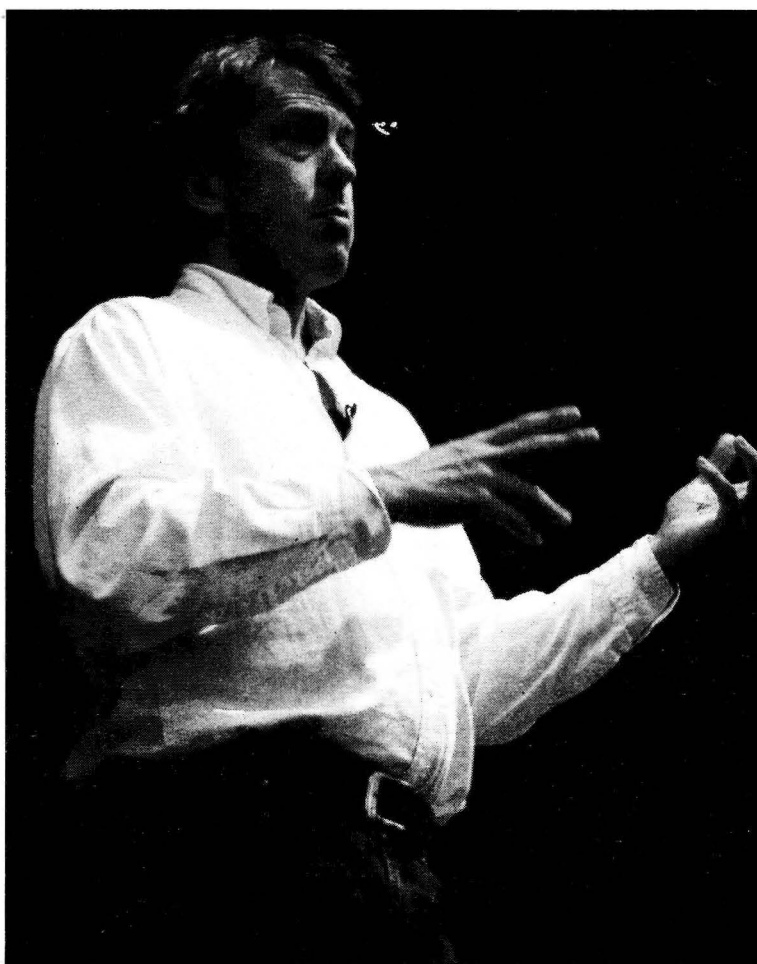
"Two thirds of the world don't use toilet paper, they have an alternative, think of the French!" Beavan said jokingly. "What would you rather do, wash it off or smear it around?"

He also discussed the happiness of people, saying that people spend too much time looking for the fault in others rather than looking for the fault in their selves.

Beavan explained instead "we should look for our own part because that's the part that we can change." There is what Beavan calls a "sphere of influence," inside of which change will occur if attempted by any individual.

In other words, since you

Continued on page 2



Teresa Kelly | Cigar

Colin Beavan, the author of 'No Impact Man', spoke in Edwards Auditorium about his experience spending a year making as little of an impact on the environment as possible.

## Commissions to create more diversity at URI

HENSLEY CARRASCO  
News Editor

Following the success of the president's commission put in place by former University of Rhode Island President Robert L. Carothers, current president David Dooley is adding two more commissions of his own.

Carothers instituted the President's Commission on the Status of Women (PCOSW) in 2002, which he used to promote an environment, "free of gender-based discrimination" according to the PCOSW website. In addition to the PCOSW, Carothers created the Equity Council. The university manual states that the Equity Council is "a University-wide advisory and advocacy group for issues of diversity and equity for the entire University community."

Earlier this year, Dooley created the Chief Diversity

Continued on page 2

## Professor to be awarded for research

BY FARAH CASALINI  
News Reporter

The Acoustical Society of America announced a University of Rhode Island Ocean Engineering professor as the recipient of the Trent-Cede Medal for his "pioneering research in transient vibration and acoustic radiation."

Peter Stepanishen, a Westerly native, will be awarded the honorary medal at the Society's annual meeting this November in San Diego.

"It feels wonderful to receive recognition by my colleagues," Stepanishen said.

Stepanishen, professor at the university for 37 years, teaches eight classes pertaining to acoustics in the ocean engineering program, both at the undergraduate and graduate level. He has also lectured abroad, including England,

Continued on page 2

## Fencing team open to new members, focused on big year

BY GUS CANTWELL  
News Reporter

Since its rebirth five years ago, the University of Rhode Island Fencing Club has established itself as a dedicated team.

Ben Ricci, who is the leader

of the men's fencing squad, said, "there's between 20 and 30 [students] at the beginning of the year." He fenced through middle school and part of high school, picking it up again when he came to URI.

Though there are more male fencers than female on the

URI Fencing Club, both have their own leader.

There are two or three meets every year, with the largest meeting being the first. Called "The Big One", it takes place at different colleges every October. This year, URI fencers will compete against schools such as Boston University, Massachusetts Institute of Technology and Brown at Smith College.

The fencers use one of three weapons. The sabre is used for aggressive fencers, Ricci said, while the epee is considered the easiest to learn. The foil is considered the most precise weapon, but is the least used among students in the club because of the difficulty in learning how to use it.

Depending on the type of weapon used, points are earned in different ways. Sophomore David Wolk, who is in his second year of fencing, explained that the process gets complicated quickly.

While fencing with a foil

involves simply touching the opponent with the weapon to earn a point, using a sabre or an epee involves more rules. Depending upon whether the players are attacking or retreating at the time of contact, points are not always awarded to the player who hits the opponent.

Wolk said that with so many quirks and rules, "the fencers don't always understand what's happening."

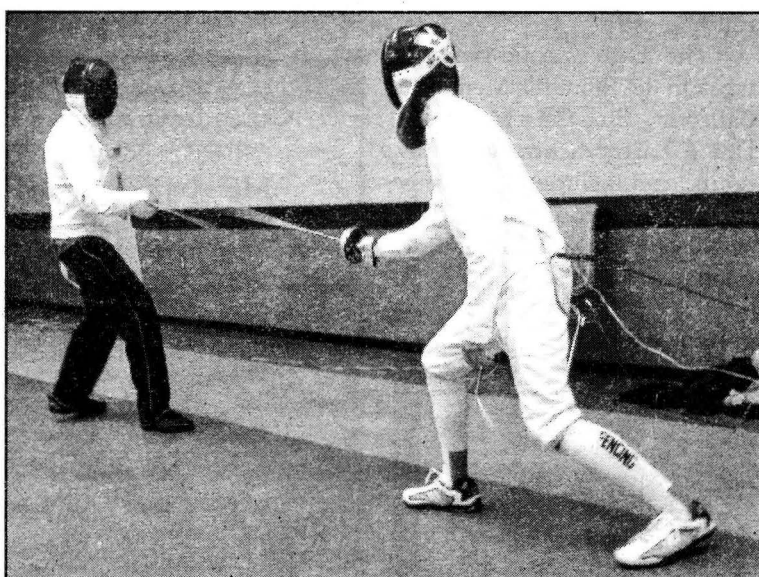
Often referred to as "mental chess," Ricci said fencing is a "great stress relief," quipping it is better than just beating up one of his friends.

He added, that many members use the weapons, which are kept in stock at the Union, while the more serious fencers purchase their own.

"Most of our [leaders] graduated last year," Ricci said, explaining that the club is in a transition period. "A lot of people coming in [this year] hadn't fenced before."

Ricci said the Student

Continued on page 2



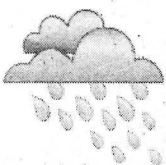
Lauren Gingerella | Cigar

Members of the URI Fencing Team demonstrate the proper technique for new members in an epee bout during last night's practice.

The Good 5-Cent Cigar

Today's forecast  
72°F

Thunderstorms!



Nickel Brief:

Have a great Rhody weekend!

Check out how the new season of "Criminal Minds" kicked off.

See page 3.



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## No Impact

From page 1

cannot change other people, you can change yourself, which in turn influences others.

Beavan said this influence also translates well to improving sustainability.

He said individuals can do much to decrease their impact, lowering our demand on oil, and even the general happiness of people.

Most people can see by their efforts alone they may not be able to cause a change in any environment. This fear did not stop Beavan and his family from becoming environmentally conscious, but rather empowered them to continue on their cause.

A simple way to become more sustainable is to begin to open the mind and be conscious about environmental

impacts. For example, buying second-hand, "gently used" products, are statistically found to last longer than new.

He said people should try to use reusable items, such as cups and canvas grocery bags, and avoid purchasing bottled water. Beavan was very firm that the privatization of water will ultimately harm the environment.

"The planet can no longer support a polar bear," Beavan said. "How long will it be until the planet can no longer support us?"

Got a question for the sexperts?

Send your questions to sexandthecigar@gmail.com

## Fencing

From page 1

Senate allocated money for the fencing equipment when the club originally formed. As a senate-recognized club, a budget was created. Most of the budget goes toward the club's coach, Christina Morra, who has been with the club for five years.

Sixth-year fencer Tom Mitchell said that while the club used to being more privatized. Under Morra's leadership, the club began focusing more on recruitment and team-building under Morra's leadership.

"She turned us into what we are," Mitchell said.

Wolk added, "It sounded like a lot of fun, and I was right."

The club meets twice a week in the Rainville Memorial Ballroom in the Memorial Union. Each practice lasts three hours, and includes stretching, cardio, and footwork drills. The last hour is devoted to open fencing.

Staff meetings

Thursdays at 7 p.m.

Be there!

## President

From page 1

Officer (CDO) position to supervise the Women's Center, LGBT Center, Bias Incident Reponse Team, Multicultural Center and the Office of Affirmative Action and Equal Opportunity. Dooley appointed Kathryn Friedman as the first CDO. As the new CDO, Dooley had Friedman take a look at how the commissions were functioning.

"I asked her to take a look at how we were structured and how those commissions were working," Dooley said. "[Carothers] did some great work with the faculty, staff and students."

Before Dooley took office, he and Carothers agreed upon "reconvening" the President's Commission on the Status of Students, Staff, and Faculty of Color. This commission was originally established in 2005. Going along the same lines Dooley said another commission to support the Gay, Lesbian, Bisexual and Transgender (GLBT) community was in order.

"We thought it would be good to establish a commission to serve [GLBT members] on our campus as well," Carothers said. "And to help everyone on our campus understand GLBT concerns and issues better than they had. I think that was a special need here at URI. We thought it would be appropriate to have a commission on that."

Dooley decided to create these two new commissions in order to "provide opportunities for people on [the] campus."

He said he wants the university (faculty, staff and students) to "be engaged." "[It's

important] that we build community that values equity and really values diversity in a number of ways," Dooley said. "Certainly with regard in providing opportunity to women, traditionally under-represented groups and for GLBT [members] and make sure that their input is always taken into account."

What Dooley said he would like to see from the commissions already in place and the ones he is creating is a community that is welcoming and inclusive to all students, staff and faculty.

"This has to be [a] broad-based effort," Dooley said. "This can't be an administrative effort. It can't be just faculty effort. It has to be an effort of everyone."

In order for the commissions to work, Dooley said, the inclusion of all members of the community are needed. The administration, the faculty, staff, external constituents, friends, supporters of the institutions and the alumni; these are all sources the university can turn to in order to help create a model community for other institutions and communities.

In order to get students involved the commission plans on reaching out to them. The inclusion of students and various groups of people they will be empowered to "make [their] ideas real" with effort.

"That's a very important role of the Equity Council," Dooley said. "That's the most important, I think. Secondly we want them to serve as a think tank."

Each group can evaluate progress towards goals and send recommendations to Dooley or the CDO. Once Dooley and the CDO receive the feedback, they will discuss what the next step should be.

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Memorial Union Room 125

## Award

From page 1

France, and Beijing and was a visiting professor at Cambridge University and the University of Southampton in England.

Students and faculty of URI's ocean engineering program applauded Stepanishen's achievement at a seminar last week.

Ashley Hutchins, senior Ocean Engineering major, and one of Stepanishen's students, said, "He is extremely knowledgeable in the field of acoustics. This award completely validates his life's work."

Stepanishen hopes out of all his lectures, his students will remember the "emphasis of fundamentals." He said this lesson will provide the most job flexibility for his students in the future.

His most prominent research interests at URI is underwater sound generation, transmission and reception. However, his earlier research,

which was funded by National Institute of Health, focused on biomedical ultrasonics.

Stepanishen cites his love for doing basic research as his reason for pursuing a career in engineering.

"I love having the freedom to select and pursue my research interests," he said.

While Stepanishen notes receiving the A.B. Wood Medal and Prize from the Institution of Acoustics in England in 1978 and the medal from The Acoustical Society of America are his most prominent professional achievements, he is most proud of his personal life.

"I have a great marriage and two wonderful children," he said. "That trumps any professional achievement."

Stepanishen earned his bachelors and masters degree in Electrical Engineering from Michigan State University and University of Connecticut, respectively, and a doctorate degree in Engineering Acoustics from Pennsylvania State University.

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# ARTS & ENTERTAINMENT

## 'Criminal Minds' new season excites fans

BY MONIKA BROWN  
Contributing Entertainment Writer

On Wednesday, the seventh season of CBS's hit crime show, "Criminal Minds" premiered, exciting innumerable fans throughout the country.

In 2005, "Criminal Minds" first premiered on CBS. Those who do not regularly watch fictional, crime-related television shows may consider them to be very alike, but avid fans of Criminal Minds understand that the show is very distinct in the ways in which it presents each case to the viewers.

To begin, the program does not only focus on the forensic aspects of each case, but rather, the behavioral aspects of criminals are stressed the most. The team that works each case is the Behavioral Analysis Unit (B.A.U.) of the F.B.I. Many of the cases are unusual, frightening and even horror-related, though each one is based off a case investigated in real life. Serial killings are investigated often by the B.A.U., and those who are familiar with major serial killers in recent history will see many connections in the episodes.

At the conclusion of the sixth season, viewers were left stunned as Jennifer Jareau (JJ), previously a media liaison for the B.A.U. who left to work for another branch of the FBI, met with agent David Rossi to announce her return.

As season seven began, viewers found JJ did return, but were also shocked to see the team was on trial for possible suspension after using unapproved, yet necessary and effective methods to catch an international criminal, Ian Doyle.

Doyle had been associated with one of the team members, Emily Prentiss, from working with her prior to her arrival at the B.A.U. Doyle had supposedly killed Prentiss during an episode in the sixth season, but it was known to both JJ and agent Aaron Hotchner ("Hotch"), the leader of the B.A.U., as well as viewers, that Prentiss was still very much alive. In the seventh season premiere, Prentiss made an emotional return to the B.A.U.

For those that view the show regularly, "Criminal Minds" can be seen as addicting. Those who do not watch the show regularly are sure to be intrigued, as it does not follow a simple story line for each case; rather, it goes into the psychology of each and every criminal and victim.

Behavioral psychology is used to assess not only those brought in for questioning,

but the evidence as well. The overall process is extremely interesting, and much can be learned from each episode.

In addition, the characters all have warm, very realistic personalities that help them forge an emotional attachment with viewers. For example, Agent Spencer Reid, the "nerd" of the show, gains the liking of the viewers through his quirky jokes and innocent, yet incredible intelligence.

Without a doubt, "Criminal Minds" is an exceptional series that separates itself from other crime shows and has the power to gain countless new fans with each episode. Season seven surely will not let those fans down.

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# Rhody SPORTS

## Women's volleyball gets on track

BY JOE HOLLENBECK  
Sports Staff Reporter

The University of Rhode Island woman's volleyball team defeated in-state rival Brown University Wednesday night by a score of 3-1. It was the Rams' second win in a row and one of the first times URI played well down the stretch this season.

With the match tied at one set a piece, URI staged a late third set comeback by scoring four unanswered points to take it 25-21. Freshman Catie Steffen, who had two aces, fueled the comeback for URI.

The Rams continued to play strong and finished Brown off in the next set with another late game rally. Brown did not help their cause as the team committed three huge unforced errors with the score tied at 18.

"We knew that this was going to be an important match for us," Head Coach Bob Schneck said. "Brown has been one of our biggest rivals and it was satisfying to beat them here at home."

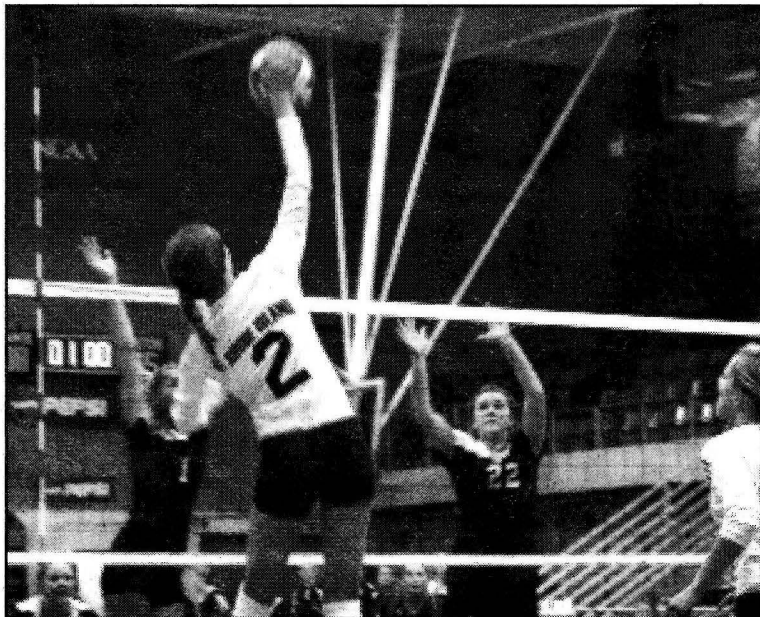
The victory was big for the Rams because it required strong late game play, something URI struggled with in their previous five losses. Now, the focus switches to Friday's match against division rival

Fordham University.

"The fact that we were finally able to win some close ones was the most rewarding part of the match, it's a habit I would like us to get into," Schneck joked.

URI senior Kayla Wilson continued to play strong. She recorded 13 kills and 10 digs. Wilson also had the game-winning kill in the third set which capped the comeback for the Rams.

"We feel very confident going into the match against Fordham," Schneck continued.



Carissa Johnson | Cigar

**Freshman Catie Steffen blocked in last night's women's volleyball game against Brown.**

"Brown defeated them last week so we know that we have the talent to beat them. We just have to play strong and close out games like we did last night."

Rhode Island travels down to New York this Friday to take on Fordham in their first divisional match of the season. Fordham is coming off of a loss to Stony Brook University, which URI defeated earlier this season.

## Senior soccer player ready to play her best season yet

BY JOE ROBERTO  
Sports Staff Reporter

Alexis Veith the 5'2 forward from Burlington, Conn. will be entering her final season playing soccer for the University of Rhode Island Rams.

On the scorecard Veith is the smallest player on the team, but the amount of heart and desire she plays with on the field makes her seem like she is six-feet tall.

Veith will be entering her final season and believes her greatest moment donning the Rhode Island colors has "yet to come."

Last year she started in 13 games and recorded one goal and two assists with 28 shots, and even though the early 2011 year has yet to bring any points, Veith continues to work hard.

"My personal goals are to keep getting better as a player each day and play my best soccer," Veith said. "I don't like thinking about statistics or percentages because it's too easy to get caught up in all of that. My goal this year is to forget about all that stuff and just play."

The senior's team is currently 4-3-1 and are riding a double overtime win against Harvard University going into this week's matchups. They take on Iona College today at 5:00 p.m.

"Our team goals are to take one game at a time. On Friday we play Iona so our team goal now is to think about that game and that game only, and win it," Veith said.

When the season ends Veith will be leaving 13 freshmen as they continue with Rhody pride. She had some wise words of wisdom for her underclassmen.

"To the freshman, I would say that being a student-athlete is extremely demanding. Get the help you need, don't be afraid to ask for it or admit that you need it," the senior said. "And if you want to make your four years really count, you're going to have to work for it."

After the Rams face Iona College and Brown University they will begin to face Atlantic-10 teams, and will be looking to play competitive soccer.

"Tactically, our defense and midfield need to continue to work to get into the attack and create offensive opportunities. We have to smooth some things out in the attacking portion of the field, but that's ok because it's still early in the season," Veith said.

She added, "Mentally, we have to be clued in for 90 or more minutes each game, we have to maintain that do or die mentality. We have to take one game at a time. Win this game now, that's how we think and that's how we're going to have to keep thinking."

## Agents track pot parcel to Bengal player's home

CINCINNATI (AP) — For authorities tracking a marijuana shipment from California, the trail ended unexpectedly at the home of a Cincinnati Bengals player in suburban northern Kentucky where police say they found more drugs.

No arrests have been made. Police were still investigating the case Thursday that has entangled Bengals wide receiver Jerome Simpson, a North Carolina native in his fourth NFL season. A package containing 27 pounds of marijuana was tracked to Simpson's home.

The case is being investigated by police at the Cincinnati/Northern Kentucky International Airport, along with local authorities.

A Bengals spokesman said the club was aware of the reports but had no comment. Calls to Simpson's agent went unreturned. Simpson was excused from practice on Thursday to deal with the matter. It was unclear whether he would be available for a game Sunday against San Francisco at Paul Brown Stadium.

Simpson was at his home along with girlfriend and teammate Anthony Collins on

Tuesday when the woman accepted the package, said Michelle Gregory, a spokeswoman with the California Department of Justice.

Collins' agent didn't return a call seeking comment. Collins practiced on Thursday but didn't make himself available to reporters for comment. Coach Marvin Lewis said Collins wasn't a focus of the investigation, though he declined further comment.

The package originated in Eureka, Calif., part of the so-called Emerald Triangle, the state's vaunted pot-growing region, and was discovered by a drug-sniffing dog in Sacramento, Gregory said. The address label bore the name of Jason Snider, but Gregory said it's not unusual for people to use false names when sending illegal drugs through the mail.

A search of Simpson's home also turned up 6 more pounds of marijuana, smoking pipes and scales, authorities said.

"We don't believe it (the package) was for personal use," Gregory said. "We believe there's some sort of distribution or sales out of his home."

The Bengals had 10 players arrested during a 10-month span from April 2006 to

June 2007. Receiver Chris Henry was the biggest repeat offender, one of the factors in NFL Commissioner Roger Goodell cracking down on player misconduct.

The Bengals created a stir when they decided to bring Henry back after his fifth arrest. He later died in a fall from his fiancée's truck.

Two players got arrested last summer, putting the Bengals back in the spotlight.

Last July, cornerback Adam "Pacman" Jones was arrested in downtown Cincinnati and charged with misdemeanor disorderly conduct and resisting arrest. He pleaded not guilty and is scheduled for trial in November. Jones is currently on an injury list as he recovers from offseason neck surgery.

Running back Cedric Benson spent five days in a Texas jail before the start of the season, completing his sentence for two misdemeanor assault cases.

Law enforcement agents are trying to determine who sent the package to Simpson's home. There was no return label.

Gregory said if Kentucky authorities do not charge Simpson or others, California may consider that possibility.

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